## **NEW BRUNSWICK CITIES**

## Campbellton – Gateway to the Top of the Maritimes!

The city of Campbellton, set amidst the Appalachian Mountains, welcomes visitors crossing into New Brunswick from Quebec. Only



Chris Robinson christopher.robinso

a two-hour drive away is Mount Carleton — the highest point in the Maritimes, and the jewel of the Appalachian Range in New Brunswick. With the ancient Appalachians surrounding Campbellton on all sides, there's no telling what wonders you'll discover next. You could find anything from shark fossils to rocks and minerals such as agate and jasper on the beach!

For a taste of the mountain scenery, climb to the summit of the 305-m (1,000-ft.) high Sugarloaf Mountain. A steep but enjoyable trail will reward you with a panoramic view of the city of Campbellton, the Restigouche River, the Baie des Chaleurs and the distant rolling hills of Quebec's Gaspé Peninsula.

Sugarloaf Provincial Park represents 1,214 ha (3,000 acres) of unspoiled forest, and has a well-equipped campsite nestled in a beautiful wooded part of the park. There is much to do for kids of all ages, and it is a great place for a weekend getaway with the family! Challenge yourself to a game of tennis, basketball or volleyball. Rent a paddleboat, mountain bike or rollerblades. And a favourite part of any visit must be Atlantic Canada's only alpine slide. Faint-hearted individuals can simply take the chairlift and admire the view from the top of the mountain, but thrill seekers can jump on a sled and hurtle down a twisting slide to the bottom.

The city of Campbellton is also your gateway to many fabulous hiking trails, including the Restigouche Trail. This follows the historic Restigouche River near streams, fields and forests, and intersects with other trails connecting throughout the province. The Restigouche River is world renowned for its salmon fishing, but also offers much excitement for the canoeist, photographer or outdoor enthusiast.

Campbellton celebrates the mighty salmon that are so abundant. Stroll along the city's waterfront to meet Restigouche Sam — a larger-than-life, stainless-steel sculpture of an Atlantic salmon. Be sure to enjoy a lunch of grilled-to-perfection Atlantic salmon and a plate of scrumptious fiddleheads.

Set amid one of the world's oldest mountain ranges, Campbellton opens up a world of Natural Wonders, outdoor activities, incredible seafood, and great family getaways.

Editor's Note: Start your planning with the city of Campbellton (tel.: 1888813-4433; Web site: www.campbellton.org). Be sure to check out several outfitters offering day trips or longer excursions on the Restigouche River and the Baie des Chaleurs. For more information on all of New Brunswick's cities, visit www.TourismNewBrunswick.ca.

